



# The Anchor News

Serving the local community in the name of Christ since 1859

17<sup>th</sup> January 2020

## # Learning for Life, Anchored in Christ

Hello everyone and Happy New Year to you all. My name is Mrs Austin-Smith, I am a HLTA and I work in Year 4 alongside Mrs Beckford. This is the second week of this new term and it has been very busy, especially on Wednesday.

Wednesday was Healthy Eating day, where the whole school concentrated on what is needed for a healthy diet. Some of the classes cooked a healthy meal and the aromas travelling around the school were amazing and made everyone hungry. A lot of discussions were held about which foods are healthy and which go into the unhealthy section, as well as what makes a balanced diet. The children knew and also learnt a lot during the day. Mr Burton also had the whole school exercising at break time, which everyone enjoyed.

Make sure to have a look at the selection of photographs on the back to see what the children got up to.

Mrs Austin-Smith - Higher Level Teaching Assistant



Our values focus this half term is

**Service**



Help people,  
even when you  
know they can't  
help you back.

## PARENTS' EVENING

**Wednesday  
22nd January  
3:30pm - 5:30pm**

### Next week

is Parent's Evening.

You should have received your time slot from your child's teacher.

We look forward to seeing you there.

## No Access TUESDAY 21st Jan.

On Tuesday the hall fire doors are being replaced. This means the path from the front of school past the car park, round to Early Year/Year 1 & 2 **WILL NOT** be accessible.

Please either enter through the Stuart Street entrance or make your way round through the main playground.



**ENDS THIS WEEKEND**

The tokens will be printed for the last time this weekend in The Sun and The Sun on Sunday.

## Star Pupils

Maya Z. & Kayson

Safire & Mikaeel

Efieson & Ayman

Zulaikha & Elijah

Carlos & Amelia

Ayaan & Shaimaa

Ahmed & Ayisha S.

Joel (Y3) & Isaiah (Y5)

## Lunchtime Star Pupil

Lmar (Y1)

Head Teacher: Miss Shryane  
Assistant Head Teacher: Mrs. Nizamis  
Assistant Head Teacher: Mrs. Fox



E-mail: [admin@stclemce.bham.sch.uk](mailto:admin@stclemce.bham.sch.uk)  
Website: [www.stclemce.bham.sch.uk](http://www.stclemce.bham.sch.uk)

Butlin Street, Nechells, Birmingham, B7 5NS

Phone: 0121-464-4652

School Blog

<https://blog.stclemce.co.uk/>



Twitter and Instagram:

@StClem\_Nechells







## Safeguarding: Healthy Eating

This week we have celebrated 'Healthy Eating Day'.

Staying healthy, both physically and mentally, is something we continually promote at the academy. The children start their school day with a healthy bagel, which ensures 'No child goes hungry' and lunches are monitored to ensure children get a varied, balanced diet and build their confidence in trying different foods. The academy has a 'Lunch Box' policy which is available on the school website and gives clear guidelines to providing a healthy pack lunch.



Children across the school also work with our School Nurse, learning about foods and how they affect our body and mind.

We work with a variety of outside agencies ensuring families have enough food and that our pupils receive regular, healthy food to keep them growing and strong.

If you would like more information about Healthy Eating or support that the academy can offer, please see Miss Akers or Mr Burton our 'Healthy School Coordinator'.

## -Birthday Treats from Home-

Please can we remind parents that if it is your child birthday you are welcome to send in a cake/sweets.

### HOWEVER:

- ♦ Cakes **must be pre-cut and wrapped** in a napkin so the teacher can easily hand out at the end of the day.
- ♦ Sweets **must be nut free** (in line with our Food in School Policy) as we have children in school with severe nut allergies.

Thank you for your assistance and if you have any question please speak to the office



Health Eating Day - Wednesday 15th January



**BDMAT**  
Birmingham Diocesan  
Multi-Academy Trust



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