

Lunch Menus - Term 3 -

WEEK MENU	25th April	16th May	6th June	27th June	18th July
WEEK ZMENU	2nd May	23rd May	13th June	4th July	
WEEK 3 MENU	9th May	30th May	20th June	11th July	

WEEK MENU w/c - 25/04, 16/05, 06/06, 27/06, 18/07 🚳 🧔 🧼 🕅

	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLS FOOD BAY	STREET FOOD BAY	ORIGINALS BAY	PLANET EARTH BAY	FRIBAY FALOURITES
I NIAIN	Sausage & Onion Gravy	Spaghetti Bolognaise	Roast Beef	Macaroni Cheese	Fish Finger Bap
Main 2	Quorn Sausage & Gravy	Vegetable Quesadilla 👻	Roasted Quorn Fillet & Gravy	Shepherdess Pie	Cheese & Tomato Pizza
Carbohydrates	Mashed Potato Wholemeal Penne Pasta	Warm Lemon Cous-Cous or Wholemeal Penne Pasta	Roasted Potatoes or Wholemeal Penne Pasta	Half Jacket Potato or Wholemeal Penne Pasta	Oven Baked Chips
Vegetables	Broccoli Garden Peas	Sweetcorn Roasted Peppers	Fresh Glazed Carrots Savoy Cabbage	Broccoli Sweetcorn Mixed Salad	Garden Peas Baked Beans Mixed Salad
Desserts	Fresh Fruit Pots Selection of Yoghurts	Fresh Fruit Pots Selection of Yoghurts	Fresh Fruit Pots Selection of Yoghurts	Fresh Fruit Pots Selection of Yoghurts	Honey Krispie Cake Fresh Fruit Pots Selection of Fruit Yoghurts
AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)		one or more of the top 50 most sustainable foods in the world	Vegetarian 👸 Vegan 😨 Organic allergen content please speak to member aff who will be happy to assist		

	WEEK ZMENU w/c-02/05, 23/05, 13/06, 04/07 🚳 🧔 🧼 🕅							
Monday		Monday	Tuesday	Wednesday	Thursday	Friday		
		WORLS FOOD BAY	PLANET EARTH BAY	ORIGINALS BAY	STREET FOOD BAY	FRIBAY FALOURITES		
	I MIAIN	Kofta Kebab	Roasted Vegetable Lasagne	Roast Turkey	Handmade Sausage Roll	Salmon Fish Fingers		
	Main 2	Vegan Meatballs 🍻 🚳 🤨	Spinach, Potato and Chickpea Curry	Quorn Fillet	Vegetable Plait	Quorn Sausage Pattie Burger		
	Carbohydrates	Spaghetti or Wholemeal Penne Pasta 👳	Garlic Bread, Braised Rice	Roasted Potatoes or Wholemeal Penne Pasta	Half jacket Potato Boiled White and Brown Rice or Penne Pasta 🔅	Oven Baked Chips		
	Vegetables	Roasted Vegetables Mixed Salad	Coleslaw	Garden Peas Fresh Carrots and Cauliflower	Broccoli Florets Sweetcorn	Garden Peas Carrots Baked Beans		
	Desserts	Fresh Fruit Pots Selection of Yoghurts	Fresh Fruit Pots Selection of Yoghurts	Fresh Fruit Pots Selection of Yoghurts	Fresh Fruit Pots Selection of Yoghurts	Apple Crumble & Custard Fresh Fruit Pots Selection of Yoghurts		
AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)			Seasonal cut fruits - Mixed	one or more of the top 50 most sustainable foods in the world!	Vegetarian Vegan Organic Allergen content please speak to member aff who will be happy to assist	Warking together		

WEEK 3 MENU w/c-09/05, 30/05, 20/06, 11/07						
	Monday Tuesday		Wednesday Thursday		Friday	
	STREET FOOD BAY	WORLS FOOD SAY	ORIGINALS DAY	PLANET EARTH BAY	FRIDAY FALOURITES	
I NIAIN 1	BBQ Chicken Thigh	Katsu Chicken Curry	Roast Chicken	Cauliflower & Broccoli Crunchy Cheese Bake তৈ	Oven Baked Breaded Fish (Pollack)	
Main &	Vegan Potato and White Bean Chilli öo 🤨 🚳	Chinese Vegetable Noodles	Quorn Fillet	Roasted Vegetable Wholemeal Pasta Bake 🏹 🚌 🔅	Quorn Dippers Ö öo	
Carbohydrates	Braised Rice or Wholemeal Penne Pasta	Boiled Rice	Roast Potatoes or Penne Pasta	Garlic and Parsley Bread or Penne Pasta	Oven Baked Chips	
Vegetables	Green Beans Sweetcorn	Roasted Sweetcorn Broccoli Florets	Roasted Carrots Roasted Parsnips	Roasted Peppers Garden Peas	Garden Peas Baked Beans	
Desserts	Fresh Fruit Pots Selection of Yoghurts	Raspberry Jelly Fresh Fruit Pots Selection of Yoghurts	Fresh Fruit Pots Selection of Yoghurts	Fresh Fruit Pots Selection of Yoghurts	Frozen Mango Sorbet Selection of Yoghurts	
AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)						