

# # Learning for Life, Anchored in Christ

Our values focus this half term is Service

Hi Everyone,

## **Children's Mental Health Week**

Children's Mental Health Week, an annual week-long campaign run by children's mental health charity <u>Place2Be</u>, began on February 1st and runs until Sunday 7 February.

This year's theme is "Express Yourself" with the focus on children finding ways to share feelings, thoughts, or ideas through creativity. Mentally Healthy Schools have created a <u>toolkit of resources</u> for **children**, staff **and parents** to use during Children's Mental Health Week.

The well-being of all of our school community is important to us, we will regularly signpost agencies and websites that can offer support. We are here for all our families if you need us and Miss Akers is available to support on the phone in what ever way she can.

May the Lord protect and keep you.

# Public Q&A sessions regarding COVID-19 vaccination

The coronavirus (COVID-19) vaccine is our best defence against the virus. The vaccine is highly effective and it is currently being rolled out across Birmingham to priority groups.

Throughout February 2021 there will be five online Q&A sessions which will allow the public to ask any questions they may have about the vaccination.

On the panel will be the Birmingham & Solihull Clinical Commissioning Group, local representatives and Councillor Paulette Hamilton, Cabinet Member for Health and Social Care. To book your place click the link:

# 25th February at 6pm-7.30pm. Central Birmingham https://www.eventbrite.co.uk/e/138645491397

### Devices-

If you are struggling with devices to access the online learning let us know. We have a limited number of devices we are able to loan out. Please contact the school office.

# **UNICEF Rights of the Child**

Article 28: (right to education)

Every child has the right to an education. Primary education must be free and different forms of secondary education must be available to every child. Discipline in schools must respect children's dignity and their rights. Richer countries must help poorer countries achieve this.





<u>St. Clement's Academy</u> Butlin Street, Nechells, Birmingham, B7 5NS

Wake sure to check our accounts and keep up to date

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E-mail: admin@stclemce.bham.sch.uk

# <u>Safeguarding:</u> <u>Support and Guidance</u> <u>Numbers</u>

During 'Lockdown' and over these last few weeks' people have been feeling isolated and not sure of who to turn

to. We understand, with changes happening all around us, this can be an uncertain and anxious time for all. Whilst staff are available over the phone, we are having to adjust and limit face to face meetings. We still want to support our families and wider community, so that help is always found. If you need to contact school for support, please call and ask to speak with Miss Akers.

Here is a list of numbers that may help in offering further support and guidance to families.

NHS: 111 - Advice and Support

**101:** Contact the Police to report a crime or concern.

CrimeStoppers: 0800 555 111 100% Anonymous, Always

Childline: 0800 1111

**Nechells P.O.D:** 0121 681 2173 28 Oliver Street, Nechells B7 4NX

**free@last:** 0121 327 5959 49 Nechells Park Road, B7 5PR

Holford Drive Sports HUB: 0121 356 0622 or 07375126909

Birmingham and Solihull Women's Aid: 0808 800 0028 Ryland House, Bristol Street, B5 7AA <u>info@bswaid.org</u>

Aston and Nechells Food Bank: 07384 213621 or 0121 359 0801 St Matthew's Church, 63 Wardlow Road, Nechells, B7 4JH

> Birmingham Children's Trust: 0121 303 1888

Birmingham School Admissions: 0121 303 1888

Birmingham Homeless Team: 0121 303 1111 Homeless Service B2 2RG housingoptions@birmingham.gov.uk

> Birmingham Healthy Minds: 0800 953 0045

**Samaritans:** Freephone 116 123 - open 24 hours

Ofsted



Birmingham Children's Partnership have created some videos to support parents with Mental Health issues such as self care, anxiety and sleep. The link for these videos is embedded in the weekly blog. There is also a letter with some support helplines which can be found on the school website under Information for Perents- Could & remeta legening

Parents- Covid & remote learning.

Please remember- school will be closed to ALL pupils during half term-

Monday 15th February– Friday 19th February.



School will re-open to vulnerable pupils and key worker pupils on Monday 22nd February at 9.00.









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