

Parent's Evening

We will be holding our Parent's Evening this half term, on Wednesday 15th February 3:45pm - 5:45pm.

Letters went home last week for you to indicate a time slot you would like to meet with your child's class teacher.

You will receive an allotted time from class teachers via a slip sent home with your child. Please make sure to keep an eye out for these and to contact the school if you have any issues/haven't received one by the end of next week.

Important Dates:

Friday 17th Feb:
Last Day of Term

Mon 20th - Fri 24th Feb:
HALF TERM BREAK

Mon 27th Feb:
First Day Back
(Normal Time)



It is important
to say the
words while
doing the sign.



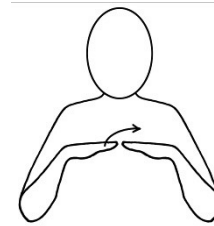
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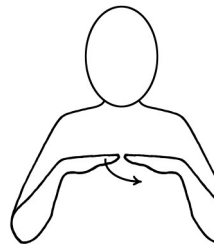
in front



in



above



below

Safeguarding: Stress and Looking After Yourself

Keeping your cool



It's important to find ways to relieve your stress and manage if you're feeling upset or angry. Lots of things, not only children's behaviour, can make us feel stressed - from family relationships to managing a work-life balance, health, housing, poverty, unemployment and much more. You want to be the best parent you can, but being stressed is stressful!

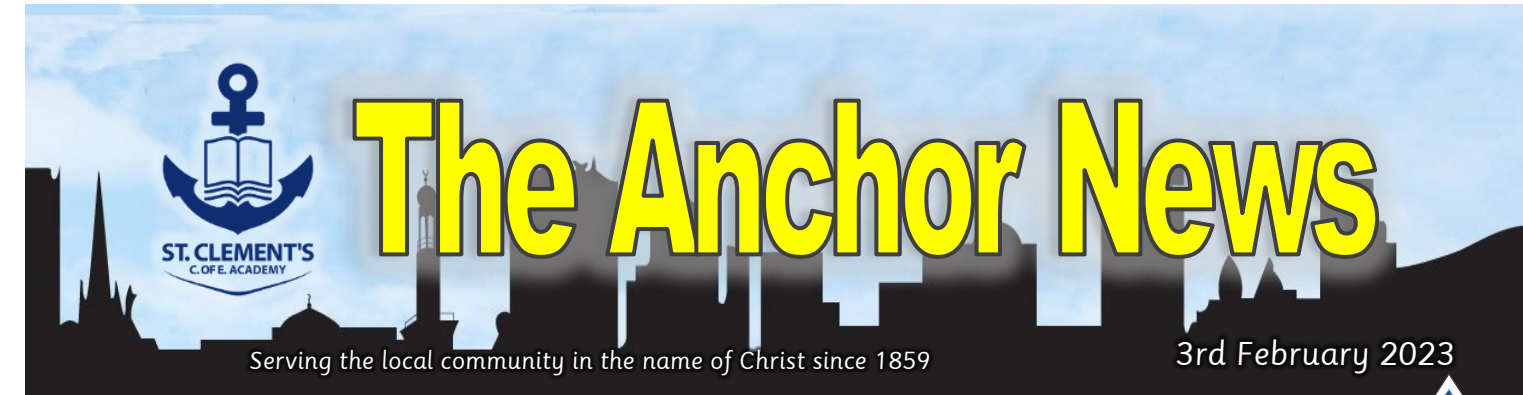
When stress takes over, it can make you lose your temper and say or do things you later regret. You might find yourself saying something hurtful or smacking your child. Living in a stressful home can also impact on your child's feelings and healthy development. But you can avoid this by managing stress and anger.

- Accept support - This may be from your family, a friend or by using online forums. Knowing that there are other parents in the same situation can be a great encouragement.
- Be as prepared as possible - Parenting can of course be stressful at certain times, so consider ways of dealing with this in advance. For example, if your child gets bored and irritable on long journeys, or waiting for things like doctor's appointments, take a couple of books or activities to keep them busy.
- Get help - This is a positive step to take and not a sign of weakness. If you're feeling stressed and anxious all the time, seek some outside advice. A range of difficulties may get in the way of being a parent and it's important to get help. Talk to your GP, child's school or health visitor. You can also call the NSPCC helpline on 0800 800 5000
- Make time for yourself - This may involve doing things like exercising or listening to music. It can be as simple as a long soak in the bath, watching a film or going for a walk. If you live with a partner, agree a way to make sure you both get 'time off'.
- Don't overlook success - If you have coped well with something difficult, be proud of what you've achieved. Celebrate your children's successes too.

Look after yourself

Being a parent or carer is so important. While it's common to feel less needed as children get older, or to feel more like a taxi driver or cleaner, you are the person your child will look to for help. Finding time for yourself is something you shouldn't overlook or feel guilty about. It may take planning but having a break can help you to be the best parent you can be.

For more information on positive parenting, you can visit the NSPCC Website - information for parents. If you would like to speak to someone at the academy, please arrange an appointment with Miss Akers.



#LearningforLifeAnchoredInChrist

Our values focus this half term

Service

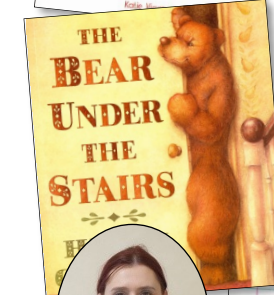
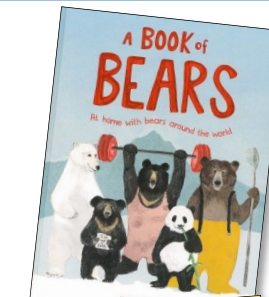
Hello! I'm Miss Gray and I am currently teaching Year 2. I have been a teacher for nearly 15 years and I have taught across all key stages.

Year two have been enjoying their Geography learning 'Let's explore the World' this half term. They have loved exploring the atlases and learning about different types of maps. They have learnt lots of new language as well as the continents and the location of some key countries.

The children have also been loving their 'bears' theme in reading and writing lessons. Ask them about the bear under the stairs and all the rhyming words in the story! They have also loved learning facts about different bear species in their non fiction book 'The Book of Bears.'

Happy Friyay everyone! Wishing you all a relaxing and enjoyable weekend ☺

Miss Gray - Class Teacher



THOSE WHO
BLESS
OTHERS WILL
BE ABUNDANTLY
BLESSED
THEMSELVES;
THOSE WHO
HELP OTHERS
ARE HELPED.

PROVERBS 11:25 (MSG)



Diana
Dear Jack
There is a bear under my stairs! Will you help me? We might need a plan. Let's get some food and see if the bear eats it. Let's work together to come up with a plan. The bear might eat so we can get some seeds. We would need lots of traps. We need to get some traps ready. We need to be quite to. We have to be quick.
Love from William

William was scared as a grizzly bear under the stairs in his hair. It was because one day William thought he'd seen a bear. When William was eating breakfast. In William's head he heard the bear saying "I like boys for tea." William saved a bear for the bear in his hair under the stairs.
Khazaima



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Attendance

Attendance for all classes should be greater than 97%. Which classes can get higher than the target!

EYFS - 81%
Year 1 - 93%
Year 2 - 96%
Year 3 - 93%
Year 4 - 97%
Year 5 - 94%
Year 6 - 97%

Punctuality

Punctuality is also very important. Below you can see how many children have been late in each class this week.

EYFS - 7
Year 1 - 7
Year 2 - 9
Year 3 - 2
Year 4 - 10
Year 5 - 8
Year 6 - 3



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To celebrate National Storytelling Week Royal Mail are running a competition for children aged between 5 and 11!

To be in with the chance of winning up to £300 in National Book Tokens, they would like you to write a short story (no more than 500 words) centred around the theme of 'The Magical Postbox'.



Once you've written your 'Magical Postbox' story you'll need to submit it via the link below, but be quick, there are a limited number of entries available.

<https://www.royalmail.com/form/national-story-telling-week>

One winner will be picked by the Literacy Trust and will be announced on 2nd March 2023. Terms and Conditions can be found via the link below:

<https://www.royalmail.com/d8/socialmediacompetitions>



NATIONAL STORYTELLING WEEK COMPETITION

Write a short story centred around 'The Magical Postbox' for your chance* to win £300 of National Book Tokens.



*Competition open to children aged between 5 and 11. One winner will be selected by the National Literacy Trust. Ts & Cs apply.

Last Week's

Star Pupils

- Eden & Aala
- Murtaza & Amelia N.
- Ibraheem & Dagmawi
- Shayla & Anaiyah M.
- Ibrahim & Sedille
- Ilma & Fowzan
- Taha & Joel

This Week's

Star Pupils

- Zunairah & Yaseera
- Mariam & Hugo
- M. Ismail & Sukaynah
- Aaron & Maya Z.
- A. Rashid & Amani
- Ahcene & Mohamed A.
- Nathaniel & Tasia



On Tuesday morning, Year 3 and 4 had a visit from Rethink Food. They came to discuss our increasing world population and the impact this has on the environment and what we can do to help look after our planet.



If there are more people in the world, then there's a higher demand for food. A higher demand for food, means farms and warehouses need more products. Producing and packaging food, requires lots of water. The children were surprised to discover that a kilogram bar of chocolate requires over 17,000 litres of water to be produced. That is a lot of water! Whereas a kilogram of carrots uses 322 litres of water. Not only is it better for us to eat vegetables, but it is also better for the environment.

Rethink Food asked the children to grow salad and provided us with seeds and a Tower Garden. The Tower Garden is a soil-less growing system (aeroponic). Using just water and a nutrient called Mineral Blend, a wide variety of fruits, vegetables, and herbs can be grown. Growing this way gives our children the opportunity to plant the seeds, watch them sprout, and take care of the seedlings until they're placed into the Tower Garden. Once there, weekly maintenance is all it takes to complete the growing cycle. Teaching not only science, but math, English, and other areas.

Once the plants have matured, our children will be able to harvest and eat what they've grown right in their own classroom.

We look forward to seeing our seeds grow!

- Indoor Growing
- Clean and delicious food
- Convenient & Easy To Use
- Sustainable & Earth-Friendly

New School House Teams Announced



We have now introduced our new house teams. All our teams have names linked to the fruits of the spirits from the Bible.

The children chose the Latin version of the names.

Amare (Love) Fides (Faithfulness)
Pax (Peace) Benignitas (Kindness)

All the children have a badge to show what team they are in and every day they can demonstrate our school's Christian values and earn tokens for their team.

These tokens are collected in special jars in the classroom and each week the Worship Team will collect and count the tokens. The scores for each team will be displayed on the Star Pupil board in the hall and at the end of a term, the team with the most points will get a treat.

You will have spotted the children all have a new coloured badge to represent the team they are in. Please make sure to remove this from uniform before washing.

Fruits of the Holy Spirit

f	b	c	d	e	f	g	h	i	j	k	l
a	g	e	n	t	l	e	n	e	s	s	q
i	s	e	l	f	c	o	n	t	r	o	l
t	l	m	n	o	p	q	k	g	t	u	v
h	x	l	z	a	a	c	i	o	f	g	h
f	j	o	l	m	t	o	n	o	r	s	t
u	v	v	x	y	i	a	d	d	d	e	f
l	h	e	j	k	e	m	n	n	p	q	r
n	t	u	v	w	n	y	e	e	b	c	d
e	f	g	h	i	c	k	s	s	n	o	p
s	p	e	a	c	e	f	s	s	j	o	y
s	d	e	f	g	h	i	d	d	l	m	n

joy	self-control	patience
goodness	kindness	love
peace	gentleness	faithfulness



UNICEF Rights of the Child



Article 17: Access to information

Children have the right to get information from the Internet, radio, television, newspapers, books and other sources. Adults should make sure the information they are getting is not harmful. Governments should encourage the media to share information from lots of different sources, in languages that all children can understand.

Lost Property



We ask that you please take the time to label your child's clothes, including PE kits and coats, to make them easier to return when found.

Please make sure to check what we have at the front of the school to see if it belongs to your child as we have quite a bit piling up!



Don't Forget Friday Tuck Shop

Remember we will be running a Friday Tuck Shop where children can bring up to £1 to spend. All items are 50p.