

# eSafety

## Learning

- ✔ To understand that personal information is unique to themselves
- ✔ To understand that personal information should only be given to trusted adults
- ✔ To begin to identify the characteristics of people who are worthy of trust and who can help them make choices that keep them safe
- ✔ To understand that emotions can be a tool to help judge unsafe situations
- ✔ To understand the importance of checking with an adult before participating in an online environment

## Key Vocabulary

<b>Personal Information trustworthy</b>	Information that belongs to you Something or someone you can rely on
<b>untrustworthy</b>	Something or someone that can not be relied upon
<b>Trusted adult</b>	An adult you can rely on for help and support
<b>Internet</b>	The biggest network (connected computers) in the world
<b>online</b>	Using the internet or available on the internet

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## Key Questions

What is personal information?



Name, address, phone number, photographs, hobbies, username, password etc.

Who would you share personal information with?



Someone trustworthy

When might you need a trusted adult's help?



E.g. when you're lost, when you're being bullied

What might you feel in an unsafe situation



E.g. nervous, shaking hands/legs, heart beating fast, short of breath etc.