



# The Anchor News

Serving the local community in the name of Christ since 1859

21st January 2022

#LearningforLifeAnchoredInChrist

Our values focus this half term is **Service**



Hi, my name is Mrs Akhtar and I have been at St. Clement's School for just over 13 years now. It is a pleasure to work alongside amazing staff and children and I am amazed by the beautiful smiles that greet me in the mornings.

Being a HLTA is both an exciting and challenging job, however it is rewarding too. I have experience working with children one to one, in small groups or as a whole class basis. I also have experience in working with children whose English is not their first language, which is ideal as I am multilingual.

My goal is to help each child learn by whatever method he or she learns best. I also want them to be so excited about learning that they want the desire to learn more. I firmly believe that everybody learns every day and life itself consists of a life-long learning and the desire to learn more as we go along.

Have a lovely weekend and wrap up warm.

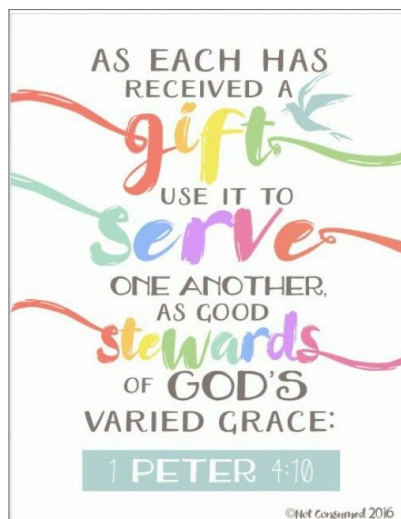
Mrs Akhtar

Higher Level Teaching Assistant



Wellbeing Award for Schools

For two years we have been working towards the Wellbeing Award for Schools. We had hoped to complete it sooner, but due to Lockdowns and Covid restrictions we were unable to have our assessment. However, I am pleased to say that this week we were able to have our inspection day and have achieved the award. We would like to thank parents, pupils, and staff for all their continued support in this. More information regarding the award and the assessment report will be shared soon.



## Signs of the week

It is important to say the words while doing the sign.



Please



Thank You

## Star Pupils

Mustafa & Zuleharsh

Tavell & Safa

Aaban & Slimane

Aissata & Eliora

Ayaan & Eesha

Denaeyah & Ibrahim

Ismael & Elias J.

## UNICEF Rights of the Child



### Article 27:

Food, clothing, a safe home

Children have the right to food, clothing and a safe place to live so they can develop in the best possible way. The government should help families and children who cannot afford this.

Head Teacher: Miss Shryane  
Deputy Head Teacher: Mrs Nizamis  
Assistant Head Teacher: Mrs Fox



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# What Parents & Carers Need to Know about AGE-INAPPROPRIATE CONTENT

"Inappropriate" means different things to different people. What's acceptable for one age group, for example, may be unsuitable for a slightly younger audience. Online, young people can chance upon inappropriate content in various ways – from pop-up ads to TikTok videos. The increasingly young age at which children become active in the digital world heightens the risk of them innocently running into something that they find upsetting or frightening. Trusted adults need to be able to help children be aware of what to do if they're exposed to age-inappropriate content.

## WHERE IS IT FOUND?

### SOCIAL MEDIA

Age-inappropriate content is easily accessible through many social media platforms. TikTok, for instance, is hugely popular with young people but is arguably best known for clips featuring sexualised dancing or profanity. Some social media users also express hate speech or promote eating disorders and self-harm, which could cause lasting damage to a child's emotional and mental health.

### GAMING

Gaming is an enjoyable source of entertainment, but many popular titles can expose children to inappropriate material such as violence, horror, gambling or sexually explicit content. Playing games unsuitable for their age risks normalising to children what they are seeing. Some games also include in-game chat, where other (usually older) online players often use language that you probably wouldn't want your child to hear or repeat.

### STREAMING

The range of video streaming services available online means that users can find almost anything they want to watch on demand. Children are therefore at risk of viewing TV shows and movies which contain nudity, drug and alcohol abuse, explicit language and extreme violence. Unfortunately, these streaming platforms can't always determine that it's not an adult who's watching.

### ADVERTS

Online adverts frequently include age-inappropriate content: usually gambling and nudity or partial nudity, although adverts for alcohol or e-cigarettes are also common. Some search engines also feature adverts that are responsive to your search history; so if you've recently looked up a new horror movie, shopped for lingerie or ordered alcohol online, then the ads appearing on screen could reflect this the next time your child borrows your device.

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## Advice for Parents & Carers

### TALK IT THROUGH

Embarrassment or fear of getting into trouble can make it difficult for children to talk openly about age-inappropriate content they've watched. Remind your child they can always come to you if they're troubled by something they've seen online, without worrying about consequences. Before offering advice, discuss what they saw, how they felt and how they came to find the content in question.

### CONNECT, DON'T CORRECT

If your child's been particularly distressed by exposure to content that wasn't suitable for their age, it's important to offer guidance to prevent them from repeating the same mistake – But it's equally vital to help them deal with the emotions that the situation has raised. You could tell them about any similar experiences you might have had at their age, and how you dealt with it.

### BLOCK, REPORT, CONTROL

After discussing the problem, you and your child can take action together. This could include blocking any inappropriate sites and reporting any content which violates a platform's rules. To further safeguard your child online, set up parental controls on internet-enabled devices that they use. This will significantly reduce the chances of your child being exposed to age-inappropriate content in future.

### GET SPECIALIST HELP

Age-inappropriate content can potentially have a negative impact on a child's mental health, which is sometimes displayed through changes in their behaviour. If the problem becomes more severe, you might consider reaching out to a mental health professional or an expert in this field who can provide you and your child with the proper support.

### STAY CALM

Even though it is obviously difficult to stay rational in a situation where your child has been put at risk, it's essential to think before you react. Your child may well have hesitated to open up to you about watching inappropriate content for fear of the consequences, so being calm and supportive will reinforce the notion that it would be easy to talk to you about similar issues in the future.

### Meet Our Expert

Cayley Jorgensen is a Registered Counsellor with The Health Professions Council of South Africa, and she runs a private practice offering counselling to children, teenagers and families. Her main focus is creating awareness and educating the community on the mental health pressures of today's world, as well as resources and techniques to understand and cope better.



Sources: <https://www.education.gov.uk/documents/about/program/bullying/program/learning-inappropriate-content-factsheet>  
<https://www.weddingquality.co.uk/wp-content/uploads/2020/04/childrens-media-three-year-2.pdf>



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